

The Art Of Confident Living 10 Practices For Taking Charge Of Your Life

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The Art of Speaking Up and Taking Charge of Your Life

September 22nd, 2018 - by Jude Bijou M A M F T Both men and women have to learn to speak up in order to take charge of their lives and cultivate meaningful relationships This applies to school work business family and social events As scary as it can seem at first I guarantee that speaking up will bring copious rewards and breakthrough moments

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simple but important preparatory steps Andrea uses to set up her decluttering projects for success The value of creating and preserving

Take Charge of Your Life NPR

February 6th, 2019 - Take Charge of Your Life Each week marriage and family therapist Eleanor Bobrow invites you to take charge of your life with guests discussing a variety of topics including health relationships

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February 17th, 2019 - Practical Solutions for Life Tuesday at 10 AM Pacific Time on VoiceAmerica Empowerment Channel Practical Solutions for Life is about taking charge and creating solutions to maneuver through life's challenges Life is full of changes from marriage and raising children getting ahead in a company or saving for retirement

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